

Posted 7/4/2009

Sing Your Freedom!

This 4<sup>th</sup> of July think about what you are most grateful for when it comes to freedom. Think about how lucky we are to live in this country and to have such freedom. Think about the people in Iran and other parts of the world that are oppressed and don't have the many blessing we have in our lives.

Freedom to me is many things and this is a short list of my freedoms I am grateful for.

Freedom Provides:

1. The ability to be with family and friends
2. Freedom to believe in God and to worship in accordance with your beliefs
3. Abilities and opportunities to pursue personal goals
4. To love and be loved
5. Access to education and to gain knowledge of all things
6. Free Will
7. Raising children and helping them grow
8. Waking each morning and choosing to be happy
9. Being & feeling proud of who you are

Freedom provides so much in our lives. Our Founding fathers new what it was like to live an oppressed life. However they understood the courage and conviction it would take to stand up for those rights we hold self evident. We must understand the consequences of what not having freedom would feel like, based on our countries history. Learn from our past history and spend some time this day studding what this country is founded on.

4<sup>th</sup> of July is one of my favorite holidays; always being centered on family, bar -b-q's, flags, parades, and fireworks? I have some great memories of past 4<sup>th</sup> of July's; However As I have grown it has become apparent that the very things that I hold so sacred could be taken away or could be in jeopardy. I have seen the country change so much in my 30 years. Life as we know it is different for good and bad reasons, things don't seem as simple then they used to.

This 4<sup>th</sup> of July sing your freedom, let the people know what freedom means to you, don't let politics or economic downturn keep you from taking action. Stand-up and sing your freedom!

BJH – 7/4/09 Live with Honor